



St Mary's C of E (Aided) Primary School



NEWSLETTER

“A Christ-centred school with a child-centred curriculum through wisdom and love”

Telephone: 01798 872007

WB 19th April 2021

We hope that you all enjoyed the Easter holidays and we are pleased to be starting the Summer Term. We are excited with the learning that we have planned.

Christian values - For this half term we are focussing on **Faith, Trust and Truthfulness**. We will be using these values in our worship in the classroom.

Twitter – We are putting up things that are happening in school. Please do join our Twitter. **@Pulb_school**



Kindness Shield – Well done to Kiara B (SA) – You are such a kind, thoughtful and polite member of South Africa Class. Since the very start of this year, you have set a fantastic example to others with the perseverance and determination that you have shown. You genuinely care about how your friends are feeling and are always willing to help those around you. We can always rely on you doing your very best and this inspires others around you to do the same. You have shown such courage and resilience during the tricky past few months - your hard work and the compassion you show to others has not gone unnoticed. Thank you for being such a star!

Themes of learning for the Summer Term –

UK and Austria – Bugs, bees and butterflies

Thailand, France and India – Our wonderful world

Ireland and New Zealand – The Rotten Romans

USA and Sierra Leone – Treasures, Tombs and Temples – The Egyptians

China and Mexico – Below the waves

Japan and South Africa – Me, myself and I

Class Newsletters – Newsletters for each class will be available from Monday 26th April so please have a look. It summarises the learning for each class.

Vashti Hardy visit – Key Stage Two were very privileged to meet *Vashti Hardy* this week. She is the author of many books which included 'Brightstorm' and 'Wildspark'. Vashti really inspired us with her ideas. If anyone would like a personalised book then you can still buy one. Contact the office and they can advise.



Stamp competition – <https://www.stampcompetition.ichild.co.uk/> - Please see flyer attached.

Gates in the morning – From **Monday 26th April** we will cease temperature checks on the gate. We will continue to have staggered entry and finishes and we will continue to hand sanitise as we enter through the gates.

Yellow Class photos – If you would like to order a class photo then please order through Yellow at <https://www.smileyellow.com/> if you are unable to order on-line you can complete the order form and drop it into the Office post box at the bottom of the school drive no later than **Friday 23rd April**. The closing date for on-line ordering is mid-night **Tuesday 27th April 2021**.

PTA Non uniform day – We will be having a non-uniform day on **Friday 30th April** and we will be asking for a **£1 donation**. The PTA have not been able to do as much as normal for the school and so we are looking at other ways to fund raise so your children do not miss out.

Year 3 Roman Super starter - In Year 3 we decided to launch our new topic of the term with an afternoon Roman Boot camp. The children learnt the Latin commands for marching as centurions would have done in Roman times.

Laxarte = Stand at ease
Intente = stand to attention
Sin = left (left foot forward)
Dex = right (right foot forward)
Percute = Charge!

Following a great demonstration by the children, we came inside to watch a little of the movie 'Horrible Histories - Rotten Romans' of which was released last year. The children had a great time. They are really looking forward to learning more about the Romans.



Tenor Horn with Year 4 – We welcomed West Sussex Music Service this week to start music enrichment with Year 4. The children were so excited to be learning the tenor horn and we were impressed with the level of engagement and the energy that they gave this.



Art in Year 6 -



Swimming pool opens -



Pulborough Easter competition - Well done to everyone who entered the Pulborough Easter Competition and **Congratulations to Danielle and Harriet J** for winning. Thank you to Pulborough Community Partnership for organising this wonderful competition.



National survey of children, The Big Ask, launches today

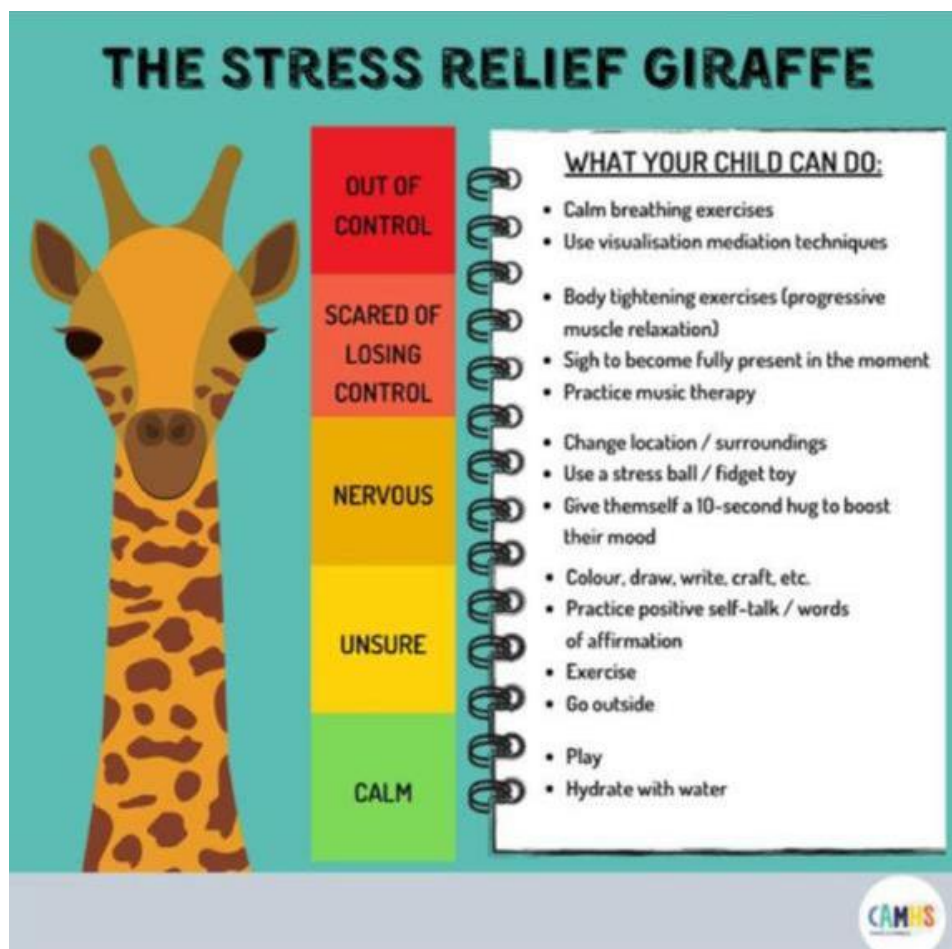
The new Children's Commissioner for England, Dame Rachel de Souza, has today launched [The Big Ask](#) – the largest ever consultation with children aged 4 to 17 in England. It aims to find out children's concerns and aspirations about the future, so that we can put children at the heart of our country's recovery from the coronavirus (COVID-19) outbreak.

All schools are encouraged to support their pupils to [complete this survey](#). A range of [teaching resources](#) have also been produced, including lesson plans and activity packs, to help teachers incorporate this into their lessons.

Parents, care leavers and those working with children are also invited [to complete the adult survey](#) to share their views about the future for children and young people today, and what they think is holding young people back.

The results from this survey will help the Children's Commissioner identify the barriers preventing children from reaching their potential, put forward solutions and set ambitious goals for the country to achieve.

Anxiety – Some of the children have been struggling with anxiety about coming back to school. This giraffe might help if you think your child is experiencing this.





Mrs Samantha Copus
The Head Teacher
St Mary's C of E (Aided) Primary School
Link Lane
PULBOROUGH
RH20 2AN

33759/217020-1/38526

Dear Mrs Copus,

SIGN UP TODAY TO ROYAL MAIL'S HEROES STAMP DESIGN COMPETITION

We are delighted to invite your school to participate in this national art competition from Royal Mail, to honour the heroes of the coronavirus pandemic.

Eight pupils from primary and secondary schools across the UK will become the designers of this stamp set, and one could be at your school! All children aged 4 – 14 years can take part.

We are asking children to think of the heroes who have continued to work tirelessly to keep the country moving during the pandemic - and to keep us all safe. Their designs could be of NHS frontline workers, school teachers or support staff, supermarket workers, delivery drivers. Or perhaps it could be of public transport workers, vaccine scientists, military personnel, emergency services, food bank volunteers or cleaners. Or maybe Captain Sir Tom Moore.

A special panel of judges will pick the winning designs. The final eight stamps will be sent to Her Majesty The Queen, before they are printed and issued. In addition to the eight winning stamps, the winners will receive up to **£1,000 in high street vouchers** and their schools will each receive up to **£1,000 in cash**. There are **120 great prizes** on offer for regional winners and runners up, in both the 4 – 11 and 12 – 14 years age categories.

SIGN UP YOUR SCHOOL FOR THIS GREAT COMPETITION TODAY!

- Firstly, we need your school to sign up to the competition. You can register online, simply visit **www.royalmail.com/stampcompetition** and fill in all your details.
- Once registered you will be sent a competition resource pack. We have 6,000 packs to give away on a first-come, first-served basis. These will be allocated one per school. Within the pack will be a set of official entry forms, a poster, school covering entry form and FREEPOST labels. Please register immediately to make sure you receive a pack.

All competition entries must be received by **5pm Friday 28th May 2021**. More details are contained within the accompanying information leaflet. If you have any queries, please email **stamps@ichild.co.uk**

We would love to see your school take part, so please sign up today!

Kind regards,

Nick Landon
Royal Mail



Mrs Samantha Copus
The Head Teacher
St Mary's C of E (Aided) Primary School
Link Lane
PULBOROUGH
RH20 2AN

33759/217020-1/38526

Dear Mrs Copus,

SIGN UP TODAY TO ROYAL MAIL'S HEROES STAMP DESIGN COMPETITION

We are delighted to invite your school to participate in this national art competition from Royal Mail, to honour the heroes of the coronavirus pandemic.

Eight pupils from primary and secondary schools across the UK will become the designers of this stamp set, and one could be at your school! All children aged 4 – 14 years can take part.

We are asking children to think of the heroes who have continued to work tirelessly to keep the country moving during the pandemic - and to keep us all safe. Their designs could be of NHS frontline workers, school teachers or support staff, supermarket workers, delivery drivers. Or perhaps it could be of public transport workers, vaccine scientists, military personnel, emergency services, food bank volunteers or cleaners. Or maybe Captain Sir Tom Moore.

A special panel of judges will pick the winning designs. The final eight stamps will be sent to Her Majesty The Queen, before they are printed and issued. In addition to the eight winning stamps, the winners will receive up to **£1,000 in high street vouchers** and their schools will each receive up to **£1,000 in cash**. There are **120 great prizes** on offer for regional winners and runners up, in both the 4 – 11 and 12 – 14 years age categories.

SIGN UP YOUR SCHOOL FOR THIS GREAT COMPETITION TODAY!

- Firstly, we need your school to sign up to the competition. You can register online, simply visit **www.royalmail.com/stampcompetition** and fill in all your details.
- Once registered you will be sent a competition resource pack. We have 6,000 packs to give away on a first-come, first-served basis. These will be allocated one per school. Within the pack will be a set of official entry forms, a poster, school covering entry form and FREEPOST labels. Please register immediately to make sure you receive a pack.

All competition entries must be received by **5pm Friday 28th May 2021**. More details are contained within the accompanying information leaflet. If you have any queries, please email **stamps@ichild.co.uk**

We would love to see your school take part, so please sign up today!

Kind regards,

Nick Landon
Royal Mail



WEST CHILTINGTON & THAKEHAM CRICKET CLUB

MINI-MILLS

CRICKET FOR BOYS AND GIRLS AGED 5-8



Fridays – 23 Apr - 30 Jul



6 – 7 pm



West Chiltington Rec

Fun, energetic softball games
led by former professional
Sussex coaches.

Great value! Just £50 for the full summer!



clubmark



For those asking if we are running the All Stars program again, we did not feel the short eight week offering represented good value compared to a full (up to 15 week) season with the Mini-Mills.

REGISTER EARLY TO SECURE YOUR PLACE, PLACES LIMITED BY COVID REGS

EMAIL INFO@WCTCC.ORG.UK

WEBSITE WCTCC.ORG.UK/JUNIOR-CRICKET



60-Second Vegtastic Lunchbox Hacks

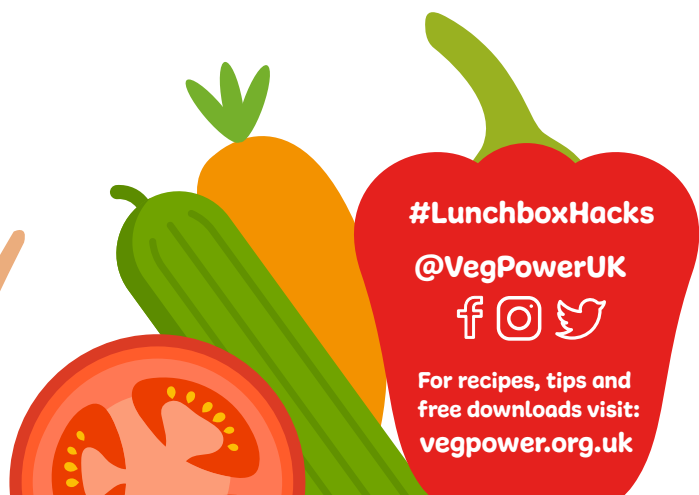
Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.

The basic toolkit:

- 🍅 **Containers** (small and lidded for dips, leftovers and more)
- 🍅 **Cutlery** (if needed)
- 🍅 **Thermos** (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- 🍅 **Bamboo kebab sticks** (optional, but helpful for making veggies more fun)



Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.



#LunchboxHacks

@VegPowerUK



For recipes, tips and
free downloads visit:
vegpower.org.uk



5 easy #LunchboxHacks to add more veg in 60 seconds or less:

1. The Salad-on-a-Stick



Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.

My Favourite veg was:

2. The Lunch Crunch

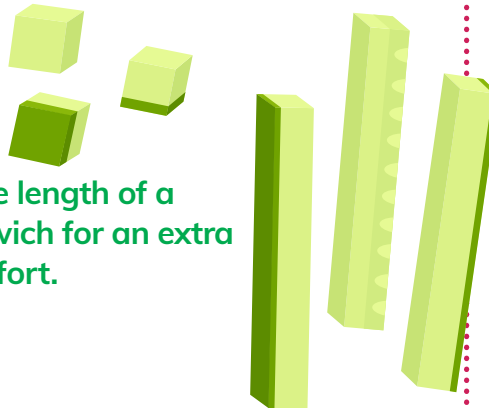


1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.

I ate this many carrots:



3. The Sandwich Slice



Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.

I ate this much cucumber:



4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.



My Favourite veg was:

5. The Half-Baked Plan

Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

This week my rating is:

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".