INFORMATION ON 31st JULY FROM THE PULBOROUGH UPDATE

Whilst every effort is made to make sure the information is correct, please let me know if there is anything that needs to be added or changed f.stroud@btinternet.com

NEXT WEEK'S UPDATE MAY BE A BIT LATE

THE PULBOROUGH NEIGHBOURHOOD PLAN

It is important that you are aware of what it recommends as it is about the future of your Pulborough: if there is something that is missed or you don't agree with please say. No response is taken as your agreement.

If you wish to comment you have until the end of August

Changes can be made as a result of your comments. It follows other public consultations and an independent planning inspector, when hopefully, it will come back to the village for the Public Referendum of Pulborough Parish Residents.

Further changes can be made in the light of comments submitted and then the Plan will go to Public Referendum of Pulborough parish residents.

If there are more votes in favour than against, even by a single vote, the Plan is then 'made' and will have legal force on planning matters

https://www.pulboroughparishcouncil.gov.uk/docs/neighbourhoodplanning/Reg%2014%20Pre-Sub%20Consultation%206%20July-31%20Aug%202020/Pre-submission%20PPNP%20July%202020.pdf

The simplest way to make your comments is to use the response the form here.

https://www.pulboroughparishcouncil.gov.uk/docs/neighbourhoodplanning/Reg%2014%20Pre-Sub%20Consultation%206%20July-31%20Aug%202020/PPNP%20Reg%2014%20comments%20form.pdf

This form must be completed and sent to Pulborough Parish Council, Swan View, Lower Street, Pulborough, RH20 2BF or can be emailed to clerk@pulboroughparishcouncil.gov.uk

Additional public Zoom sessions will be held on Tuesday 4th August (evening) and Friday 7th August (morning).

Please email clerk@pulboroughparishcouncil.gov.uk to register if you would like to attend.

AMBERLEY	From 29 th July	AMBERLEY MUSEUM – Tel: 01798 831370
MUSEUM	Every day of	Tickets need to be booked in advance online or by telephone
	school hols	www.amberleymuseum.co.uk 25 th & 26 th July Members only
BARBER		BLAKE'S GROOMING, 20 Lower Street, Pulborough, RH202GB
		Appointments are from 09:00 and can be booked through online app or https://blakesgrooming.nearcut.com/ . Contact: 01798 875500.
		Where possible, please wash your hair before your appointment, attend appointment with a face mask to cover nose and mouth. Masks will be available for small fee. Be on time as appointments now a strict 10 mins
		BOOMERANG BARBERS, 42a Lower Street, Pulborough, RH20 2BW
		Open from 07:30 – usual queuing system, but only 2 customers inside at any one time. Contact: 01798 873030
CAFÉ		LITTLE BEAN CAFÉ, 46 Lower Street, Pulborough, RH20 2BW
		Contact: 01798 875890, info@littlebeancafe.co.uk
		Open for takeaway Tues – Sat 09:00 – 15:00 – Closed Sun & Mon
		Try to pay contactless. INDOOR SEATING NOW AVAILABLE & LOVELY
		OUTDOOR TABLES https://littlebeancafe.co.uk
		THE STATION CAFE is ready to go, but not enough people at the moment
		The café will open as soon as more people start using the trains
		proprie stant doing and dame
CHARITY		MARY HOW CHARITY SHOP, 59 Lower Street, Pulborough, RH20 2AG
MARY HOW		Open Mons, Weds & Fri 09:30 - 16:00; Sats 09:30 - 13:00
		Contact: 01798 875009. Only the Manager will be working in the shop. Two
		customers at a time in the shop. Donations only accepted in sealed plastic
		bags. Please wait a few weeks as they have enough at the moment

CHEMIST	PRESCRIPTIONS ADVICE, MEDICAL SUPPLIES	KAMSON'S/CORDEN'S PHARMACY, Spiro Close, Pulborough, RH20 1FG Numbers will be restricted, stand back from the counter, only contactless payments are accepted. https://www.nhs.uk/Services/pharmacies/Overview/DefaultView.aspx?id=6402 If you want to know if your prescription is ready please email and they will email you back when it is ready: pulborough@kamsons.co.uk
CHILDREN	4 th – 31 st August Open daily 10:00 – 16:00	BIGNOR MAIZE MAZE adjacent to the Bignor Roman Villa £3 per person. 12 acres of fun twists and turns for all the family. Tickets available from the Roman Villa ticket office https://www.bignorromanvilla.co.uk/maize-maze
CHILDREN		PULBOROUGH PLAYGROUNDS & OUTDOOR GYMS Information from Facebook The playgrounds in Rectory Close & Masons Way are open . However, please note that the Woodlands Galleon in Rectory Close playground will be taped off as repairs are still required and SHOULD NOT BE USED as it is unsafe. Repairs will be made in due course, but have been delayed due to work backlogs with repair contractors and material supplies. Please also follow the guidelines stated on the notices displayed at the playgrounds. The Outside Gym is open, but cannot be guaranteed that it is virus free. https://www.pulboroughparishcouncil.gov.uk/
CHURCHES	PULBOROUGH CHURCHES	THE BAPTIST CHURCH www.pbbaptist.co.uk Currently Sunday services are taking place 10:30-11:15 using ZOOM. For information contact andytwilley@gmail.com THE PARISH CHURCH www.stmaryspulborough.org.uk Open on Tuesdays, Thursdays, Saturdays & Sundays from 14:00 – 16:00 with volunteers and all hygiene and social distances measures in place. Parish Eucharist has resumed at 10:30 each Sunday. Numbers may have to be restricted and names and telephone numbers of those attending will be requested in case needed to support the NHS track and trace procedure. The information will only be held for 21 days. Alternatively, there will continue to be a recorded version of the service on the website for those who feel unable to join just now. THE ROMAN CATHOLIC CHURCH www.stqabrielsbillingshurst.org.uk The church is now open for an hour each morning 11:00 to 12:00 and each evening 19:00 to 20:00 Tuesday to Saturday (except Thursday evening). Mass will be celebrated: Sunday 08:30 and 10:30, Tues, Wed, Fri & Sat at 09:30 and Thurs at 19:00 The Sunday 10:30 service will be live streamed for those who cannot attend. Please register your intention to attend Mass. THE UNITED REFORMED CHURCH www.pulboroughurc.co.uk Building remains closed, but there is a Service every Sunday at 18:00 on Zoom. Everyone welcome. For details & joining invitation please contact Rev Anne Lewitt: minister@pulboroughurc.co.uk
COVID-19 DATA	WEST SUSSEX	WEEKLY REPORT http://www2.westsussex.gov.uk/public health/west sussex covid weekly data.pdf
DENTISTS	NHS & PRIVATE	KEN HALL Currently dealing with emergencies only, but hope to be up and running shortly PULBOROUGH DENTAL CARE 01798 875185 Currently dealing with emergencies only, but hope to be treating other patients soon VITALITY DENTIST WEST SUSSEX 01798 872004 Looking at starting to get back to normal. In the meantime call for advice.

DOCTOR		YOU MUST WEAR YOUR OWN FACE MASKS WHEN VISITING THE PMG Flu Jabs ONLY by appointment this year – you can pre-book online or by phone. Following guidance from NHS England the type of appointment available for online booking has been changed. The only appointments available to book are online triage slots. The doctor will phone the patient around the appointment time and do a consultation over the telephone. A follow-up face to face appointment can then be booked if required. Patients will still be able to book a face to face appointment by phoning the reception team. For non-urgent help, information, sick note, test results, admin, contact www.pmgdoctors.co.uk & click eConsult. Complete form & a doctor will reply by close of next business day https://www.nhs.uk/conditions/coronavirus-covid-19
DRY CLEANING		PULBOROUGH DRY CLEANERS, 59 Lower Street, Pulborough, RH20 2AG Open 10:00 – 15:00 Monday – Friday & 08:30 - 13:00 Saturday 1 customer at a time
EATING OUT	WHERE	LOCAL RESTAURANTS PARTICIPATING IN THE EAT OUT TO HELP OUT SCHEME Giving a £10 per head grant to eat in restaurants on Monday/Tuesday/Wednesday. To find out which local restaurants are included: https://www.tax.service.gov.uk/eat-out-to-help-out/find-a-restaurant/results?postcode=RH20+1AS
EDUCATION	LOOK AT COURSES FOR SEPTEMBER	BRINSBURY COLLEGE, North Heath Contact: 01243 786321 Discover the range of horticulture and arboriculture courses available from September 2020
ELECTRICAL	TV/ELECTRICAL RETAILER / SERVICE PROVIDER	HAMILTON COLE, Station Road, Pulborough, RH20 1AH Contact: 01798 872237, office@hamiltoncole.co.uk Shop open for normal business Mon-Fri 08:30 – 17:00, Sat 09:00 – 13:00 and the service side remains operational as it has done throughout (domestic electrical, aerial/satellite & TV repair work and dealing with Smart TV issues). Home deliveries available
ELECTRICAL	WHITE GOODS, SMALL APPLIANCES, LIGHT BULBS	WILLMERS, 64 Lower Street, Pulborough, RH20 2BW Contact: 01798 872866, info@willmers.com The shop is open, Mon – Fri 08:30 – 16:00, Sat 08:30 – 13:00 Unless otherwise agreed deliveries & installations will be between 14:00 – 18:00. If the front door is locked please ring the bell. One person in the shop at a time. If the iron gates are locked it means that a delivery is being made, please call and leave a message
EQUESTRIAN	HIRE OF FACILITIES	COOMBELANDS EQUESTRIAN Hire of both All-Weather Arena & Cross Country Course must be booked and paid for online http://www.coombelands-equestrian.co.uk/events to ensure regulation of numbers and social distancing. Hire of Main Show Jumping Arena from £30 Hire of Cross Country Course £30 per horse. Any problems email: ben.parks@harwoods.uk.com Tel: 07552 900168 Hire of Gallops call Amanda Perrett 01798 873011 or visit www.amandaperrett.com
FIND LOCAL	SHOPS & SERVICES	PULBOROUGH TRADERS WEBSITE Have a look at the shops and services available in Pulborough and let us know if someone should be there https://www.pulboroughtraders.co.uk/
FISHERS FARM		FISHER'S FARM is open Card only payments, online booking essential to monitor the number of visitors Areas sectioned off that are not safe to use including indoor play areas. All day menu at the Farmers Grill https://fishersfarmpark.co.uk
FLOWERS	FLOWERS	THE FLOWER SHOP, 56 Lower Street, Pulborough, RH20 2BW Contact: 01798 875488. Open Mon-Fri 09:00 – 16:00, Sat 09:00 - 13:00. Respect social distancing. Hand sanitizers available. Dogs are welcome.

FOOD	BREAD	PULBOROUGH VILLAGE HALL / LIBRARY CAR PARK Every Thurs at 10:30 Village Hall/ Library Car Park Every Thurs at 11:15 Station Industrial Estate www.trufflesbakery.co.uk
FOOD	BUTCHER	COUGHTREYS, Stane Street Nurseries, Stane Street, Pulborough, RH20 1BQ Contact: 01798 872206 Open Tues – Fri 07:00 – 18:00, Sat 07:00 – 15:00 http://www.coughtreys.co.uk/
FOOD	BUTCHER	M J SUTERS, 54 Lower Street, Pulborough, RH20 2BW Contact: 01798 872441. Open Mon-Sat 08:00 - 13:00. Offering FREE delivery service in the local area of all products for self-isolating or vulnerable customers
FOOD	GREENGROCERS	DYKE'S FARM SHOP, West Chiltington Road, Pulborough, RH20 2EE Contact: 01798 872447. Open 09:00 – 17:00 Closed Saturdays Only 3 customers at a time in the shop – Sometimes queues so take sun hats
FOOD	GROCERIES	THE GREENHOUSE GROCERY STORE – BACK TO BASICS Stane Street Nurseries, Stane Street, Pulborough, RH20 1BQ Contact: 01798 874445, info@thegreenhouse.shop http://thegreenhouse.shop/ Ordering & collect system in operation. Email order by 17:00 Mon-Fri and your order will be ready for collection between 12:00 & 15:00 Tues—Sat subject to availability. Remember to take your order number when collecting
FOOD	HEALTH	BENEFICIAL HEALTH, 48 Lower Street, Pulborough, RH20 2BW Open Wed & Sat 09:00 – 14:00 All other days 09:00 – 15:00 (Closed Sun) Contact: 01798 874433 Order & pay over the phone subject to availability. If the phone is unanswered leave a telephone number and you will be called back Free local delivery http://www.beneficialhealth.co.uk
FOOD	LOCAL SHOP	PULBOROUGH STORES, 83 Lower Street, Pulborough, RH20 2BP FRESH FRUIT, VEGETABLES & MILK AVAILABLE Contact: 01798 875311 – Delivery Service Available Mon-Fri: 08:00 – 19:00, Sat: 08:00 – 19:00, Sun: 08:00 – 16:00 Hermes parcel collection is available, but completely self service https://www.londis.co.uk/ourstores/londis-pulborough-stores
FOOD	PIE SHOP	THE PIE SHOP opposite Coughtreys in Stane Street is open Contact: 01798 873672
GARDENS	12 th Aug ONLY	ARUNDEL CASTLE GARDENS All visitors must buy on-line pre-booked tickets. Tickets will be made available from Friday for the following week. Select a date & arrival time slot. You will receive a confirmation email with a reference number. Only the gardens will be open no buildings. FITTLEWORTH HOUSE & GARDENS (NGS)
	Tickets will be released the week before	14:00 – 17:00 – pre-book. Due to the current situation, tickets will only be available to book online at https://ngs.org.uk/view-garden/14546/ and not available on the gate on the day. There will be no tea or refreshments, plants or toilet facilities. Welcome to take a picnic.
GOVERNMENT INFORMATION	WHAT CAN OPEN NOW AND INFORMATION	WITH THANKS TO AMBERLEY COVID-19 HUB TEAM https://www.amberleyhelpline.co.uk/govt-approach/ https://www.amberleyhelpline.co.uk/copy-of-portfolio/
HAIRDRESSERS		HALOS FOR HAIR, 42b Lower Street, Pulborough, RH20 2BW Open 09:30 - 15:00 Tues - Fri Contact: 07340 544412
		PAUL ANDREWS HAIR & BEAUTY, 1 Station Road, RH20 1AH is open Contact: 07545 431219 A list of phone numbers from clients requiring appointments has been taken and everyone should have been contacted. The regulations will be explained to keep everyone safe. If anyone has not been contacted or needs to go on the list please contact Paul by phone or text leaving your name, phone number and the service you require. No nails or beauty treatments at the moment

HAIRDRESSERS continued		REFLECTIONS, 37 London Road, Pulborough, RH20 1AS is opem Contact: 01798 872282 Each client should wear a mask on arrival, available to purchase for £1 if you don't have one. A start has been made to contact all clients and will be booked in order of pre-lockdown appointment. Please feel free to leave a voicemail we will speak to you all over the coming weeks. Currently just hair appointments
HEALTH ADVICE	GOVERNMENT	COVID-19 TESTING & SYMPTOMS with thanks to the Amberley Covid-19 Hub Team https://www.amberleyhelpline.co.uk/oximeter-use// TRACK AND TRACE Government information https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works
HELP	NEIGHBOUR- HOOD WARDENS	Vanessa Green Carol Boniface Email: 07584 337475 07584 337476 Pulborough.wardens@horsham.gov.uk
HOW TO HELP PULBOROUGH PROVIDE MORE AFFORDABLE HOUSING	PLEASE TAKE TIME TO FILL IN THE SHORT SURVEY	PULBOROUGH COMMUNITY LAND TRUST – HOW YOU CAN HELP KEEP THE VILLAGE FOR THE PEOPLE THAT LIVE HERE – PLEASE MAKE YOUR VIEWS KNOWN How to Help PCLT Press Release.pdf
KEEP FIT	EXERCISE	FIT FOR GOOD Healthier, happier ageing for older adults. Over 60 FREE fitness sessions already online to choose from, with new sessions posted every Monday, Wednesday & Friday, and seated sessions posted every Thursday for those with limited mobility or recovery from injury. https://www.fitforgood.com/ffg-online/
LIBRARY		PULBOROUGH LIBRARY, Brooks Way, Pulborough, RH20 2BQ OPEN for returns and collection of pre-booked books only: Weds: 14:00 – 17:00, Fris & Sats: 10:00 – 13:00 When open for returns and pre-booked collection there is an assistant on duty if you need to call for any help or information: 01798 872891 Library catalogue for reservations is now open, but browsing in libraries is not yet available. If you don't know exactly what you want to borrow or prefer a more general selection of books. why not ask our expert staff to choose for you by completing our free Staff Select form. Use the library catalogue to reserve specific titles for free in the usual way online or by telephoning your nearest large library in Worthing on 01903 704809, or Pulborough as above. https://arena.westsussex.gov.uk/web/arena/currentoffer/
LITTER	COUNTRYSIDE, PARKS & PUBLIC SPACES	IF THE BIN IS FULL – TAKE YOUR LITTER HOME Take plates and crockery from home rather than using disposable items. Take drinks in reusable bottles. At this time of year, a thermos to keep cold drinks cool is essential if you're out for a while! Consider buying food and drink that comes in recyclable packaging. Check the labels with this Recycling Symbols Explained guidance from Recycle Now. If there isn't a recycling bin at your picnic spot, please take your recycling home
NHS & HOSPITAL VISITING		VISITING IN HOSPITALS Visiting restriction at the hospitals in West Sussex have been updated. For details of each of the local hospitals please use the links below: • Southlands, St Richards and Worthing hospitals • Princess Royal Hospital in Haywards Heath • Crawley Hospital Visitors are required to wear a face covering while in the hospitals and follow hygiene, hand washing and social distancing guidance.
OSTEOPATHS	OPEN NOW	PULBOROUGH OSTEOPATHS, Winterfield Farm, Wiggonholt RH20 2EJ Tel: 01798 874736/07808 571991, Email: rsadler@pulboroughosteo.co.uk https://www.pulboroughosteo.co.uk RIVERSIDE OSTEOPATH , 39 Arun Bank, Lower Street, Pulborough RH20 2BH Tel: 01798 368078, Email: Rhian@riversideosteo.co.uk https://www.riversideosteo.co.uk

PARISH		THE PARISH OFFICE
COUNCIL		Can be contacted through Clerk@pulboroughparishcouncil.gov.uk Latest update information from the Government on Covid-19 https://www.gov.uk/coronavirus https://www.pulboroughparishcouncil.gov.uk/
PARKING DISCS		HORSHAM DISTRICT COUNCIL INFORMATION If you have purchased an Annual Parking Disc that is due to expire on 31 March 2021, you will receive an additional three months of parking with an extended expiry date of 30 June 2021.
PETWORTH FESTIVAL		THE PETWORTH FESTIVAL will be virtual and requests donations Petworth Festival Special will run this Autumn between Friday 16 October and Sunday 1 November. A special online mix 'for 2020 only' of stellar performances and literary events. More about October's schedule will be announced on 1 August. Any time up to midnight on Saturday 1 August you will be able to catch an online concert specially recorded in St Mary's Church. https://live.petworthfestival.org.uk/? ga=2.33001213.2105860416.1594803821-433148165.1594282686
PHOTOGRAPHY	COMPETITION	FRIENDS OF THE SOUTH DOWNS Invite you to enter a free 2020 photographic competition celebrating the beauty of the South Downs. For more information visit https://www.friendsofthesouthdowns.org.uk/photo-competition
POST OFFICE		ELITE GARAGE, 5 London Road, Pulborough, RH20 1AP Post Offices are open – remember social distancing Petrol pumps are particularly infectious places, so wash hands/wear gloves Mon, Tue, Thu & Fri 07:30 – 17:15, Wed 08:00 – 17:15, Sat & Sun 07:30 – 14:00
PUBS		THE ODDFELLOWS, 99-101 Lower Street, Pulborough, RH20 2BP Open: Mon – Wed 12:00 – 20:00 Thurs – Sat 12:00 – 21:00 Sun 12:00 – 18:00 Possibility it may be open later depending on the number of customers Contact: 01798 875282, theodefellowsarmspulborough@btinternet.com Everyone will have to enter via the front of the pub. One person is to order drinks from the bar while the rest of their group sits at a table. That way it safeguards us all. Everyone will have to be seated in the pub, whether it's indoors or out. No standing allowed. Hand sanitizer will be placed on every table as well as entrance/exit, garden and toilets.
		THE WHITE HART currently not open due to changing hands THE WHITE HORSE, Mare Hill, Pulborough, RH20 2DY Contact: 01798 872189, info@whitehorsepulborough.com Open: The hours are a little flexible but are currently Bar weekdays & Sat: 11:00 – 10:00 ish, Food 12:00 – 14:00 & 17:30 – 20:00 Saturdays Food: 12:00 - 14:30 & 17:30 – 20:00, Sun 12:00 – 16:00
PULBOROUGH	WHAT'S HAPPENING	PULBOROUGH PARISH COUNCIL https://www.pulboroughparishcouncil.gov.uk/ PULBOROUGH COMMUNITY PARTNERSHIP http://pulborough.org/ PULBOROUGH TRADERS https://www.pulboroughtraders.co.uk/ PULBOROUGH VILLAGE HALL – currently closed
PULBOROUGH GARDEN CENTRE	CAFE	PULBOROUGH GARDEN CENTRE There are clear instructions on how to order, give them your tracking details etc. Tasty food available and lots of masks being worn
REGISTRATION SERVICES		THE STORRINGTON REGISTRATION OFFICE IS NOW OPEN By appointment only Storrington Library, Ryecroft Lane RH20 4PA Tel: 01243 642122 https://www.westsussex.gov.uk/find-my-nearest/registration- office/details/api/type/registrationoffice/view/storrington-registration-office

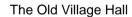
RSPB	BIRD WATCHING	RSPB RESERVE, PULBOROUGH The car park and trails are open from dawn till dusk and are currently free. Café & shop remain closed, but a gazebo has been set up in front of the entrance to direct people and give information. One toilet is open.
SUSTAINABLE SUSSEX	10:00 - 17:00	THE PULBOROUGH EXCHANGE, 81 Lower Street, Pulborough, RH20 2BP Open Mon – Sat 10:00 - 17:00 or call to book an appointment 01798 873752 The Pulborough Exchange helps people to generate value from high-quality household items they no longer need or want. Through the shop and online sales, these items are offered for sale both locally and far beyond, getting them out of storage and back into use, while consignors receive 40% of the sale proceeds. https://www.thepulboroughexchange.co.uk/ Contact: 01798 873752, consign@ThePulboroughExchange.co.uk/
TEA AT TWO		HORSHAM DISTRICT COUNCIL'S TEA AT TWO Tea at Two! Our very own wonderful café with its outside seating Little Bean Cafe Pulborough is participating in Horsham District Council's Tea at Two Campaign, aimed at encouraging those who prefer to venture out when it's a bit quieter. You could combine a lovely tea with a browse at The Pulborough Exchange and maybe pick up some flowers at The Flower Shop – Pulborough AND and a bottle of wine at Hennings Wine Merchants #shoplocal #pulborough https://www.tax.service.gov.uk/eat-out-to-help- out/find-a-restaurant/results?postcode=RH20+1AS
THE CORNSTORE EMPORIUM		THE CORNSTORE EMPORIUM & TEA ROOM, Swan Bridge, RH20 2BJ Open Mon-Fri 09:30-16:30, Sat 10:00-16:30, Sun 11:00-16:30 Contact: 01798 875067, enquiries@thecornstorepulborough.co.uk The new and improved Cornstore with its antique, gifts, furniture and home interior items. Freshly prepared food on the premises with a new fresh look café and extended seating with more outside undercover seating available shortly.
THE THERAPY ROOMS	CLOSED TILL 1 ST SEPT	THE THERAPY ROOMS. 85a Lower Street, Pulborough, RH20 2BP Have decided due to a number of circumstances not to open until 1st September
THE WHITE HART FITNESS CENTRE		THE WHITE HART FITNESS CENTRE Unit 10, Station Industrial Estate, RH20 1AQ Contact: 01798 874667, hello@whitehartfitness.com https://www.whitehartfitness.com/
TOAT CAFE		DUSK & DUCHY DRIVE IN CINEMA at Toat Café, Stane Street, RH20 1DN All at 19:00 Fri 31st July "Grease"; Sat 1st Aug "Rocket Man"; Sun 2nd Aug "Joker" £35 per car Book your tickets https://www.duskduchyevents.com/?fbclid=lwAR1OUCRp6i3jMbtnpRSIGCDVAIZ2W6h6UVW8eqGFOBw3UNtDJI2aoLOqXDw
TRANSPORT		FACE MASKS ARE COMPULSORY ON PUBLIC TRANSPORT In line with government advice, you should only be travelling if you are a key worker or it is essential. Always practice social distancing, especially remembering bus drivers. Normal bus timetables have resumed
	BUSES	COMPASS 100 https://www.compass-travel.co.uk/download/west-sussex-bus-services/100.pdf STAGECOACH NO.1 https://tiscon-maps- stagecoachbus.s3.amazonaws.com/Timetables/South/Worthing/covid%20uplift/ WG%2028%20Jun/WG%20Route%201%20Midhurst%20-%20Worthing.pdf
	TRAINS	SOUTHERN RAILWAY Trains are running from 06:32 nearly normal service except for the beginning and end of the day, check before you travel. A new direct early morning and early evening service to London Bridge. The Ticket Office is Open www.southernrailway.com
TRAVIS PERKINS		TRAVIS PERKINS, Station Approach, Pulborough, RH20 1AQ Open Mon – Fri 07:30 – 17:00. Contact: 01798 873811 The shop is now open, but nobody is allowed into the yard at the moment.

VET	ANIMALS	ARUN VETERINARY GROUP Open 24/7 in Storrington 01903 746028 Pulborough Branch open Mon, Tues, Thurs & Fri 08:00 – 18:00 by appointment only. Contact: 01798 872089
VICTIM SUPPORT		SAFE SPACE SUSSEX It's vital that residents are aware of the support that is still available if they need it. Safe Space Sussex has been equipped with a new search tool so that within 10 seconds, victims of any crime can find the service they need. It also has a 'leave site now' button that users can press to quickly exit the site. Victims can also covertly let Sussex Police know they are in danger. The '55' technology is in place for those too scared to speak, to alert a call handler to the fact they need help by pressing 55 on mobile phone once they've dialled 999.
VIRTUAL ENTERTAIN- MENT	GARDENS	NATIONAL GARDEN SCHEME https://ngs.org.uk/virtual-garden-visits/ NATIONAL TRUST https://www.nationaltrust.org.uk/lists/virtual-tours-of-our-places
	LONDON & MORE	VISIT LONDON AND THE SITES https://www.visitlondon.com/virtually-london
	OPERA	THE ROYAL OPERA HOUSE https://www.roh.org.uk/tickets-and-events?event-type=opera-and-music
	MUSICALS	FREE MUSICALS - https://www.whatsonstage.com/london-theatre/news/stage-shows-musicals-opera-free-stream-online 51198.html?utm source=twitter&utm medium=social&utm campaign=9July2020
VOLUNTEER		CARING Our most vulnerable residents require round the clock care and a resilient workforce is required to look after their needs at this difficult time. If you are able to take on a job in care please get in touch now at https://www/proudtocarewestsussex.com/getintouch/ Full training and on-going support is given. To find the right role - email now at proudtocare@westsussex.gov.uk or search for jobs here or at https://www.proudtocarewestsussex.com/search-for-jobs/
VOLUNTEER	PARISH COUNCIL	SUPPORTING VULNERABLE PEOPLE DURING COVID-19 Horsham District Council is very aware the need to support vulnerable people across our communities, and the enormous response from people wanting to help in any way they can during the coronavirus (COVID-19) situation. Please see Register as a volunteer to help during the coronavirus situation https://digital.horsham.gov.uk/outreach/coronavirusvolunteer.ofml?utm_medium = email&utm_source = govdelivery Register for help during the coronavirus situation - https://digital.horsham.gov.uk/outreach/coronavirusrequest.ofml?utm_medium = email&utm_source = govdelivery
WASTE & RECYCLING	HDC	HOUSEHOLD COLLECTIONS www.wastepreventionwestsussex.co.uk COVID-19 UPDATE ABOUT RUBBISH DISPOSAL If you have a confirmed case in your household, used tissues and disposable cleaning cloths should be put into a rubbish bag & this bag should then be put into a second bag and tied securely. You should then wait 72 hours before putting it into your outside household waste bin. Other household waste can be disposed of as normal. A reminder of what can and cannot be recycled
ALL		HELP BY SANITISING THE HANDLES OF YOUR BINS before & after collection
RECYCLING SITES (TIPS)		HOUSEHOLD WASTE RECYCLING SITE Billingshurst Recycling Site, Newbridge Road, RH14 9HZ OPEN 09:00 – 18:00 CLOSED THURS & FRI. Accepted: Garden waste, general household waste, wood, cardboard, electrical items, bulky items, white good and furniture soil, hardcore & plasterboard Not accepted: asbestos, tyres and textiles/clothes will not be allowed. OPEN FOR VANS & PICKUPS OPEN FOR TRAILERS 13:00 - 18:00 Mons - Weds ONLY

TEXTILES		TEXTILES The coronavirus (COVID-19) situation has had an impact on textile recycling services. If you have textiles you'd like to get rid of, consider the following: The Household Waste Recycling Sites are currently unable to take textiles and advise you to keep your textiles at home until textile banks reopen. For the latest updates visit the Recycle West Sussex website If you have clothes you'd like to donate to charity, check with the individual charity shop you're considering before donating If you have old bedding and towels, get in touch with local animal shelters to see if they are accepting donations
BULKY BAGS		BULKY BAGS ARE BACK IN STOCK Medium bag holds 1 tonne & costs £110 and will be responsibly disposed of Order now
WELLBEING		MENTAL HEALTH with thanks to the Amberley Helpline https://www.amberleyhelpline.co.uk/wellbeing/
WINE & SPIRITS		HENNINGS WINE MERCHANTS London House, Lower Street, RH20 2BW Open Tues – Thurs 09:00 – 17:00, Fri & Sats 09:00 – 18:00 Contact: 01798 872671, pulborough@henningswine.co.uk https://www.henningswine.co.uk/shop/
YOUR MP	PARLIAMENT	ANDREW GRIFFITH MP House of Commons, London SW1A 0AA Email: andrew@griffithMP.com www.AndrewGriffithMP.com

Thank you to Valerie Chapman for sharing pictures of the storm in 1987







Potts Lane



Church Hill