

Year 6 RHE – Healthy Relationships: How A Baby Is Made

Autumn Term 2025

	Learning Objective	Video Links
Session 1	To learn about the changes that occur during puberty.	Boys' body changes during puberty: https://www.youtube.com/watch?v=uDmTeU6H40s Girls' body changes during puberty: https://www.youtube.com/watch?v=j_mFJ2d0qxQ
Session 2	To consider different attitudes and values around gender stereotyping.	N/A
Session 3	To understand sexuality and demonstrate positive attitudes.	N/A
Session 4	To learn what values are important in relationships and to appreciate the importance of friendship in intimate relationships.	N/A
Session 5	To learn about human reproduction in the context of the human lifecycle.	The human reproductive system: https://www.youtube.com/watch?v=-ekRRuSa_UQ
Session 6	To learn how a baby is made and grows (conception and pregnancy).	BBC Bitesize – Baby in the womb: https://www.bbc.co.uk/programmes/p0117wnz Stages of pregnancy: https://www.youtube.com/watch?v=XEfng4Q4bfk
Session 7	To learn about roles and responsibilities of parents and carers.	N/A
Session 8	To summarise what we have learnt about sex and relationships, and know where to find support and advice.	N/A