Year 6 RHE – Healthy Relationships: How A Baby Is Made

Autumn Term 2025

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|  | Learning Objective | Video Links |
| Session 1 | To learn about the changes that occur during puberty. | Boys body changes during puberty:  <https://www.youtube.com/watch?v=uDmTeU6H40s>  Girls body changes during puberty:  <https://www.youtube.com/watch?v=j_mFJ2d0qxQ> |
| Session 2 | To consider different attitudes and values around gender stereotyping. | N/A |
| Session 3 | To understand sexuality and demonstrate positive attitudes. | N/A |
| Session 4 | To learn what values are important in relationships and to appreciate the importance of friendship in intimate relationships. | N/A |
| Session 5 | To learn about human reproduction in the context of the human lifecycle. | The human reproductive system:  <https://www.youtube.com/watch?v=-ekRRuSa_UQ> |
| Session 6 | To learn how a baby is made and grows (conception and pregnancy). | BBC Bitesize – Baby in the womb:  <https://www.bbc.co.uk/programmes/p0117wnz>  Stages of pregnancy: <https://www.youtube.com/watch?v=XEfnq4Q4bfk> |
| Session 7 | To learn about roles and responsibilities of parents and carers. | N/A |
| Session 8 | To summarise what we have learnt about sex and relationships, and know where to find support and advice. | N/A |